



Sample Weekly Menu

Monday

Lunch: Lamb & Potato Pie or Mini Fish Pie
Supper: Macaroni Cheese

Tuesday

Lunch: Chicken Curry or Courgette Caponata Pasta
Supper: Lamb Puff Pie

Wednesday

Lunch: Roast Pork or Herb Crusted Salmon
Supper: Savoury Pancakes

Thursday

Lunch: Duck a l'orange or Vegetarian Bake
Supper: Chicken & Bacon Puff Slice

Friday

Lunch: Seabass or Chicken Braised in Beer
Supper: Bacon & Eggs

Saturday

Lunch: Pork & Apple Casserole
Supper: Chicken Satay

Sunday

Lunch: Roast Beef
Supper: Jacket Potatoes